

BOTOX PROCEDURE CONSENT FORM

Consent Procedure: You have the right to be informed and educated about your treatment(s) - This will allow you to make an informed decision whether or not you wish to undergo the actual treatment. You have the right to read this consent form, ask any questions you may have, and have them answered to your satisfaction prior to receiving any treatment.

Botox therapy for wrinkles is an injection treatment designed to reduce facial expression lines. Botox is the trade name for botulinum purified neurotoxin complex. Botox is approved by the US Food and Drug Administration (FDA) for the treatment of strabismus and blepharospasm, which are disorders of the muscles of the eyes. The use of Botox for other conditions, including Botox therapy for wrinkles, is considered "off-label": This means the FDA has not specifically approved Botox for this use. Botox therapy for wrinkles is a commonly performed cosmetic procedure throughout the world. When Botox therapy for wrinkles is performed, tiny amounts of the toxin are injected into the facial muscles responsible for movement associated lines and wrinkles. This injection then weakens the muscle, thus reducing the associated lines and wrinkles.

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Botox therapy for wrinkles works best for "dynamic" lines and wrinkles, that means those lines that are directly associated with the muscle movement. Botox therapy is less effective for fine textural changes on the skin surface, and for those lines present at rest. Botox therapy is temporary; meaning it will have to be repeated on a regular basis to remain effective. How long each treatment lasts will depend on many individual factors including the degree of skin sun damage present, the depth of the lines, the size of the muscles, the amount and strength of Botox used, the frequency of re-treatment, and the speed of neuro-muscular repair. An average response is 3-6 months of diminished muscle contraction. Individual responses may be longer or shorter, depending on the above factors

After Botox is placed into the targeted muscles, the weakening effect gradually begins over 3-5 days, and is not complete for 2 weeks.

Therefore optimal results are not seen for at least two weeks, and sometimes longer. During this period, you may notice asymmetry, or unevenness, within the treated areas. This asymmetry will usually correct itself as the Botox takes effect.

For maximal results, it is recommended that after receiving Botox, you maintain an upright posture for at least 4 hours. During this time it is also recommended that the treated area not be rubbed vigorously or massaged. You may wish to actively move the treated areas during this time, as this may help to increase the response of the Botox-targeted muscles.

There is no known permanent side-effect of Botox therapy for wrinkles. There are, however, several well known side effects that are temporary.

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These include the following:

Bruising: Usually at or near the injection site, may be increased with the use of aspirin or aspirin like products, including Vitamin E. This effect generally clears within 7-10 days. No treatment is necessary.

Headache: Related to the actual injections, is usually mild and transient lasting less than 24 hours. It may be relieved with Tylenol.

Pain at the injection site: Similar to headache above, is usually mild, transient and relieved with Tylenol.

Asymmetry: As described above, if present noticed within the first two weeks of therapy. It may be corrected with "touch-up" injections, if necessary.

Muscle twitching: Unusual, transient, and if persistent may corrected with "touch-up" injections.

Numbness: Actually a change in sensation noticed by some Botox patients in the treated areas, better described as a "dullness"; it is usually only noticed for a few days after treatment. Treatment is not necessary.

eyebrow or eyelid ptosis (drooping) and double vision (diplopia): Seen in 1-2% of patients receiving Botox therapy, is temporary lasting 2-4 weeks and usually mild. May be treated with special eye drops, or if necessary, patching of the affected eye.

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Also, for reasons not fully understood, some patients may be less sensitive or "resistant" to the effects of Botox. In these patients, Botox will not work as well or for as long as it should ordinarily be expected. If you are pregnant or breastfeeding, Botox treatments are not recommended.

If you have a history of neurologic (nervous system) disease, especially if it is currently active, you may not be a good candidate for Botox therapy. This should be discussed with your treating neurologist or physician caring for your neurologic disease, prior to receiving Botox therapy.

If you are currently taking aminoglycoside antibiotics or penicillamine, you may need to discuss further your ability to receive Botox therapy with the doctor. Be sure to list all medications, including non-prescription and alternative that you are currently taking.

There are alternatives to Botox therapy for wrinkles, including no treatment topical cream treatments, chemical peels, laser peeling, surgical face lifting, and surgical destruction of the muscles involved in the formation of dynamic lines.

I understand and give permission for pictures to be taken of my Botox therapy, both before and after treatment. I understand that these photographs will remain the property of PNFM, and that they will remain as part of my medical record.

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Because Botox therapy for wrinkles is considered a cosmetic procedure, insurance does not pay for treatment. Payment at the time of service is requested for all patients. You may request a price quote before your treatment. Appointments may be reserved with a deposit of \$100.00, due at the time of scheduling. We request a 48-hour notice of cancellation for all scheduled Botox appointments.

If less than 48 hours notice is given, the deposit may not be refunded. By signing below, I agree that I have read and understand the above information, and that my questions have been fully answered to my satisfaction. I authorize PNFM, to treat my wrinkles and lines with Botox therapy. I understand that the practice of medicine and surgery is not an exact science and that no results are guaranteed, including Botox therapy for wrinkles and lines.

Patient: _____

Date: _____