

The Aesthetic Centre at Perimeter North Family Medicine

Post-Treatment Instructions for Botox

Botox injections take approximately 5-14 days before the effect will be seen. If after 2 weeks you see no improvement, please call our office for a follow up appointment. We consider 90% or greater an excellent result. Please remember that Botox treatment is a temporary treatment only!

After you receive your Botox, actively squint or smile for several hours after the injection without touching the area.

RESTRICTIONS AFTER BOTOX INJECTIONS:

*Please avoid the following for six hours after your procedure:

- *lying down
- *leaning forward
- *washing/drying/coloring hair
- *hats
- *make-up
- *changing clothes
- *shoe shopping
- *showering
- *cooking over a hot stove

*Your head must remain UPRIGHT for at least SIX hours after the injection. If your head changes position, the chance of an eyelid droop increases!

*You may travel by airplane the day AFTER you receive your treatment.

Should you have any questions or concerns, please do not hesitate to call one of our trained RNs: **Rosemary Alexander** **770.522.8096** or
Ashley Reid **404.257.8655**